| ENTRENAMIENTO PERSONAL | | | | | | |
|---|---|---|---|---|---|---|
| LUNES | MARTES | MIÉRC. | JUEVES | VIERNES | SÁBADO | DOMINGO |

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| **07:20 - 08:00**:<br>Entrenador Personal (2)<br>**08:00 - 08:40**:<br>Entrenador Personal (2)<br>**08:40 - 09:20**:<br>Entrenador Personal (2)<br>**09:20 - 10:00**:<br>Entrenador Personal (2)<br>**10:00 - 10:40**:<br>Entrenador Personal (2)<br>**10:40 - 11:20**:<br>Entrenador Personal (2)<br>**11:20 - 12:00**:<br>Entrenador Personal (2)<br>**12:00 - 12:40**:<br>Entrenador Personal (2)<br>**12:40 - 13:20**:<br>Entrenador Personal (2)<br>**13:20 - 14:00**:<br>Entrenador Personal (2)<br>**17:00 - 17:40**:<br>Entrenador Personal (3)<br>**17:40 - 18:20**:<br>Entrenador Personal (3)<br>**18:20 - 19:00**:<br>Entrenador Personal (3)<br>**19:00 - 19:40**:<br>Entrenador Personal (3)<br>**19:40 - 20:20**:<br>Entrenador Personal (3)<br>**20:20 - 21:00**:<br>Entrenador Personal (3) | **07:20 - 08:00**:<br>Entrenador Personal (2)<br>**08:00 - 08:40**:<br>Entrenador Personal (2)<br>**08:40 - 09:20**:<br>Entrenador Personal (2)<br>**09:20 - 10:00**:<br>Entrenador Personal (2)<br>**10:00 - 10:40**:<br>Entrenador Personal (2)<br>**10:40 - 11:20**:<br>Entrenador Personal (2)<br>**11:20 - 12:00**:<br>Entrenador Personal (2)<br>**12:00 - 12:40**:<br>Entrenador Personal (2)<br>**12:40 - 13:20**:<br>Entrenador Personal (2)<br>**13:20 - 14:00**:<br>Entrenador Personal (2)<br>**17:00 - 17:40**:<br>Entrenador Personal (3)<br>**17:40 - 18:20**:<br>Entrenador Personal (3)<br>**18:20 - 19:00**:<br>Entrenador Personal (3)<br>**19:00 - 19:40**:<br>Entrenador Personal (3)<br>**19:40 - 20:20**:<br>Entrenador Personal (3)<br>**20:20 - 21:00**:<br>Entrenador Personal (3) | **07:20 - 08:00**:<br>Entrenador Personal (2)<br>**08:00 - 08:40**:<br>Entrenador Personal (2)<br>**08:40 - 09:20**:<br>Entrenador Personal (2)<br>**09:20 - 10:00**:<br>Entrenador Personal (2)<br>**10:00 - 10:40**:<br>Entrenador Personal (2)<br>**10:40 - 11:20**:<br>Entrenador Personal (2)<br>**11:20 - 12:00**:<br>Entrenador Personal (2)<br>**12:00 - 12:40**:<br>Entrenador Personal (2)<br>**12:40 - 13:20**:<br>Entrenador Personal (2)<br>**13:20 - 14:00**:<br>Entrenador Personal (2)<br>**17:00 - 17:40**:<br>Entrenador Personal (3)<br>**17:40 - 18:20**:<br>Entrenador Personal (3)<br>**18:20 - 19:00**:<br>Entrenador Personal (3)<br>**19:00 - 19:40**:<br>Entrenador Personal (3)<br>**19:40 - 20:20**:<br>Entrenador Personal (3)<br>**20:20 - 21:00**:<br>Entrenador Personal (3) | **07:20 - 08:00**:<br>Entrenador Personal (2)<br>**08:00 - 08:40**:<br>Entrenador Personal (2)<br>**08:40 - 09:20**:<br>Entrenador Personal (2)<br>**09:20 - 10:00**:<br>Entrenador Personal (2)<br>**10:00 - 10:40**:<br>Entrenador Personal (2)<br>**10:40 - 11:20**:<br>Entrenador Personal (2)<br>**11:20 - 12:00**:<br>Entrenador Personal (2)<br>**12:00 - 12:40**:<br>Entrenador Personal (2)<br>**12:40 - 13:20**:<br>Entrenador Personal (2)<br>**13:20 - 14:00**:<br>Entrenador Personal (2)<br>**15:00 - 15:40**:<br>Entrenador Personal (1)<br>**15:40 - 16:20**:<br>Entrenador Personal (1)<br>**16:20 - 17:00**:<br>Entrenador Personal (1)<br>**17:00 - 17:40**:<br>Entrenador Personal (3)<br>**17:40 - 18:20**:<br>Entrenador Personal (3)<br>**18:20 - 19:00**:<br>Entrenador Personal (3)<br>**19:00 - 19:40**:<br>Entrenador Personal (3)<br>**19:40 - 20:20**:<br>Entrenador Personal (3)<br>**20:20 - 21:00**:<br>Entrenador Personal (3) | **07:20 - 08:00**:<br>Entrenador Personal (2)<br>**08:00 - 08:40**:<br>Entrenador Personal (2)<br>**08:40 - 09:20**:<br>Entrenador Personal (2)<br>**09:20 - 10:00**:<br>Entrenador Personal (2)<br>**10:00 - 10:40**:<br>Entrenador Personal (2)<br>**10:40 - 11:20**:<br>Entrenador Personal (2)<br>**11:20 - 12:00**:<br>Entrenador Personal (2)<br>**12:00 - 12:40**:<br>Entrenador Personal (2)<br>**12:40 - 13:20**:<br>Entrenador Personal (2)<br>**13:20 - 14:00**:<br>Entrenador Personal (2)<br>**17:00 - 17:40**:<br>Entrenador Personal (1)<br>**17:40 - 18:20**:<br>Entrenador Personal (1)<br>**18:20 - 19:00**:<br>Entrenador Personal (1)<br>**19:00 - 19:40**:<br>Entrenador Personal (1)<br>**19:40 - 20:20**:<br>Entrenador Personal (1)<br>**20:20 - 21:00**:<br>Entrenador Personal (1) | **07:20 - 08:00**:<br>Entrenador Personal (1)<br>**08:00 - 08:40**:<br>Entrenador Personal (1)<br>**08:40 - 09:20**:<br>Entrenador Personal (1)<br>**09:20 - 10:00**:<br>Entrenador Personal (1)<br>**10:00 - 10:40**:<br>Entrenador Personal (1)<br>**10:40 - 11:20**:<br>Entrenador Personal (1)<br>**11:20 - 12:00**:<br>Entrenador Personal (1)<br>**12:00 - 12:40**:<br>Entrenador Personal (1)<br>**12:40 - 13:20**:<br>Entrenador Personal (1)<br>**13:20 - 14:00**:<br>Entrenador Personal (1) | |

**08/04/2024**